

- 1. The belt of truth integrity
- 2. Breastplate of righteousness purity of heart
- 3. Feet fitted with gospel of peace serenity
- 4. Shield of faith trusting in God's promises when everything else in life goes wrong
- 5. Helmet of salvation protect my mind from evil thoughts
- 6. Sword of the Spirit using the Word of God against the devil

Prayer is the way you put on the armor.

Scriptures used to form this message:

Ephesians 6:10-18

Psalm 24:3-4

Matthew 5:8

1 Timothy 4:2

Romans 12:18

Hebrews 11:1

Colossians 3:2 Hebrews 5:12 - 6:1 Matthew 4:1-11 Proverbs 15:1