

When you have fought a good fight and still lose it all

- 1. Unload my frustration on God
- 2. Turn my focus from my pain to God's love
- 3. Get alone with God and wait
- 4. Change the things I can change
- 5. Ask God to relieve my fears

Some of the Scriptures used to form this message:

Lamentations 3:1-57 Lamentations 5:21