

Healing ^{Life's} Choices

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Part 8

Six Things I Must Do to Remain Healthy

1. Fix a daily time with God.
2. Fill my mind with Scripture.
3. Focus on my goal, not my habit.
4. Face and forsake my failures quickly.
5. Flee temptation.
6. Form an ongoing support group.

Some of the Scriptures used to form this message:

1 John 2:28

1 John 3:6

Colossians 4:2

James 1:25

John 8:31-32

Philippians 3:12-14

Lamentations 3:40

1 Corinthians 11:31

1 Corinthians 16:13

1 Corinthians 15:33

2 Corinthians 1:10-11

Philippians 1:6

Galatians 6:9