Answering Your Questions

- 1. Do I need to pay for each session when I come in? Yes, unless we are filing for insurance to cover the fee. Your insurance may require a co-payment at the time of service.
- 2. What if I have no insurance and cannot afford counseling? See information on the Fairview Benefit/Benevolence Fund.
- 3. May I bring or recommend someone to Fairview Counseling from the community? Yes! as long as space is available.
- 4. May I pay for someone else's counseling? Yes, fees are to be paid at the time of the session unless insurance is being filed.
- May I give a gift to Fairview Counseling even though I am not in counseling? Yes.
 Such a gift will go toward helping others afford counseling.

Fairview Counseling Hours

Janice King is in Angola at Fairview Missionary Church three days a week. She has evening hours two of these days. Her schedule may vary somewhat, particularly in the summer months. Appointments may be scheduled by calling the church office at 665-8402. After hours you may go directly to Jan's voice mail at extension 309. If you prefer, you may write Jan a note and leave it in her mailbox at the church and she will contact you.

Cancellations

Cancellations made less than 24 hours in advance of scheduled appointment will be charged a \$20 cancellation fee. Unusual circumstances will be considered on a case by case basis.



Janice A. King M.S., M.A., L.M.H.C.

Janice King is a licensed mental health counselor, and a licensed marriage and family therapist. In addition, she is a member of the American Association of Marriage and Family Therapists. She is also a member of the International Board of Christian Counselors.

Janice graduated from Fort Wayne Bible College in 1970. She obtained a masters degree in psychology in 1973. Jan completed a second masters degree in counseling psychology from the Alfred Adler Institute of Chicago in 1990. Janice continues to keep updated in the mental health field by participating in regular relevant workshops and training.

Janice and her husband Stephen have been married for over 35 years and have three adult daughters, two of whom are married. Stephen is a retired licensed marriage and family therapist who continues part time in his counseling profession.

Janice is not an employee of Fairview Missionary Church, but is an "independent contractor" who uses Fairview's facilities.

Fairview Counseling



Biblically-based Professional Counseling by Janice A. King M.S., M.A., L.M.H.C.



Fairview Counseling
Fairview Missionary Church
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Angola IN 46703
(260) 665-8402
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What can I expect from counseling?

That depends a lot on you. Fairview Counseling sessions are about identifying issues or beliefs in our lives that block us from acting in loving ways toward God, ourselves, and others. Often times we know we have problems on the inside or in our relationships but we do not see what is causing the problem.

Some individuals receive help from just one session of counseling. Others come ten to twenty times. A few individuals come for weekly sessions over a much longer period of time.

A Brief History of Fairview Counseling

Recognizing the need for quality, professional, Christian counseling for Fairview Missionary Church attenders, in 1994 the governing board of Fairview Missionary Church began to help pay for professional counseling for crisis needs of our people. Most of this counseling was done in conjunction with Harvest Counseling in Fort Wayne. In 1996, through changes at Harvest and the increased need of our church people and the community, we were able to secure one of the counselors at Harvest, Jan King, to come to Fairview Missionary Church. This allowed the counseling ministry to be much more accessible to our people and thus greatly expanded the ministry. In 1997, Fairview Counseling became independent of Harvest and by 1998 Jan began full time hours at Fairview.

Today Fairview Counseling is a highly respected Christian counseling ministry.

Clients who desire faith-based counseling are required to sign a form indicating this is their choice.

Types of Counseling

Some of the kinds of problems commonly dealt with in sessions:

- Anxiety
- Depression
- Unresolved pain related to past experiences
- Anger management
- Relationship difficulties
- PTSD
- Stress management
- Self-esteem
- Spiritual issues
- Grief and loss
- Various types of abuse
- Family counseling
- Marriage counseling
- Critical incident debriefing
- Parental Alienation

Who comes to Counseling?

Many of the individuals and families are regular attenders of Fairview Missionary Church. Others are referred by pastors, physicians, insurance/managed care companies and by word of mouth from the surrounding communities. For children under age five, Janice works mostly with the parents.

Counseling Fees

Individual counseling sessions are \$75 per fifty minute hour; Family Counseling sessions are \$80 per fifty minute hour. Initial assessment involving a treatment plan is \$100.

By charging a set fee for counseling sessions, the goal is to make Fairview Counseling self supporting.

Fairview Benefit/Benevolence Fund

The Fairview Benefit/Benevolence Fund was created to help individuals who have limited resources. The policy of Fairview Counseling and Fairview Missionary Church is that no one who desires Christian faith-based, professional counseling is turned away due to lack of resources. The Fairview Benefit/Benevolence Fund is funded by:

- 1. Fairview clients who are financially able to pay for counseling. Any amount over \$20 goes to this fund.
- 2. Fairview clients who have mental health benefits. A portion of their insurance payment goes to this fund.
- 3. Gifts to Fairview Counseling.

What about Fairview clients with limited or no financial resources?

- 1. Fairview individuals who desire professional counseling services from Jan King may volunteer three hours at the church and Fairview will cover their expenses for one counseling session.
- 2. Or, an individual may volunteer 1.5 hours at the church and make a copayment of \$10.