

Sermon Notes

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April 23, 2017

On Our Knees Why the Struggle?

1. Don't allow the _____ to _____ your prayer life because of _____.
2. How _____ it is when your heart is _____.

Small Group Questions

1. Guilt is one of the barriers to prayer. What are some others? (busyness, your schedule, feeling good and not sensing the need for God, etc.)
2. How can we motivate our prayer life when we don't have anything urgent to pray for?
3. While it may be easier to pray in the midst of "hard times", should we pray to be drawn closer and closer to the hard times of the cross, so that we might become more like Christ in serving him?
4. Is it expected (even normal) to continue to struggle with our prayer life even as we are growing in Christ?
5. A prayer warrior - define what that means to you. Do you know people who you believe are? What sets them apart?

Scripture Used: Jonah 2:1-9; Psalm 37:4; 51:10-12; 139:23-24; John 17:20-23; Acts 4:23-30